

Welcome to Rose Bruford College!

We're delighted to support you as you begin your training on the Acting Foundation programme at Rose Bruford College. As you begin this exciting and creative journey, it's essential that you arrive prepared with the right tools, clothing, and equipment to support your learning and safety.

The following guide outlines what you'll need to bring with you, as well as budgeting tips and recommendations to help you start your studies with confidence. Please choose items according to your personal comfort, gender identity and expression. Our community is inclusive, hands-on and collaborative - and we want you to feel equipped and ready from day one.

Clothes and Equipment

Working clothes:

You'll need clothing suitable for physical work and movement. Please ensure everything is comfortable and allows for ease of movement.

Quantity	Item	Notes	Where to Buy
3-4	Plain black leggings	Comfortable and easy to move in	Any clothing store
3-4	Plain black tops	Comfortable and easy to move in. Should cover midriff (no crop tops) and be crew neck.	Any clothing store
1	Yoga mat		Sports Direct, JJB Sports, etc.
1 pair	Black non-marking shoes (trainers/pumps)		Sports Direct, JJB Sports, etc.
1	Head block		Amazon, etc.

Additional Essentials

Quantity	Item	Where to Buy
1	Journal	Useful for planning and scheduling

1 set	Notebooks, pens, pencils	For notes and classwork
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Important Notes:

- Jeans are not suitable for class work, as they restrict movement.
- No jewellery (including rings and watches) should be worn in class for safety reasons.
- You may at times be barefoot, depending on class requirements.

Technology and Audio

- A **Mac laptop** is recommended for those purchasing a new computer.
- While College PCs are available, having your own laptop will be a definite advantage.

All students and staff have access to the latest Microsoft Office tools via web browser using their College login.

Book:

Recommended reading will be provided as needed for each class. If you're particularly interested in a topic, you can ask your tutor for additional suggestions. Some reading may extend beyond acting or theatre, but all of it is selected to deepen your understanding of the human experience—the foundation of most storytelling across stage, television, and film

Library Access:

Books can also be borrowed via [Bexley Library](#) and collected from the College Learning Resources Centre.

Final Reminders

- Ensure all your kit and equipment is clearly labelled and you have insurance for them.
- You're responsible for maintaining your kit and replacing lost or damaged items.
- Set aside funds for visits to the theatre, exhibitions, and relevant trips throughout your course.

We Can't Wait to Meet You

We're excited to have you join our Acting Foundation community at Rose Bruford College. Bring your creativity, curiosity, and willingness to learn – we'll provide the rest. If you have questions or need support before you arrive, don't hesitate to get in touch.

Acting Foundation

Warmest regards,

The Acting Foundation Team

Rose Bruford College